Silver & Ricotta Lasagne

**Ingredients:**
- 2 Bunches **Silver beet**
- 750g **Ricotta**
- 1 **Brown Onion**
- 1 qty. **Béchamel/white sauce**
- **Lasagne Noodles**
- **Parmesan Cheese**
- **Salt and Pepper**
- **Nutmeg**

**Equipment:**
- **Knives**
- **Chopping board & nonslip mat**
- **Baking tray**
- **Pot to blanch spinach**
- **Frying pan**
- **Wooden spoon**
- **Scales**
- **Colander**

**Method:**
1. Collect all ingredients and equipment
2. Read the recipe
3. Put a pot of water on the stove to boil for blanching the washed spinach
4. Remove the silver beet leaves from the stalks and put into a clean sink of cold water
5. Wash thoroughly.
6. Now that the silver beet has been washed and your water has come to a rolling boil plunge the silver beet in. Using the spider push spinach down to immerse entirely. Leave for 30secs
7. Using the spider lift all silver beet out of the water to the colander which has been place over a bowl then run under cold water to refresh
8. Drain silver beet. Take small handfuls of silver beet and squeeze out the excess water
9. Place the squeezed silver beet on the board and cut into strips. Set aside
10. Peel and dice the onion
11. Peel and finely chop the garlic
12. Heat the frying pan over a medium heat. Add some oil
13. Add the onion and garlic. Sauté without colour until soft.
14. Add the silver beet, salt and pepper and nutmeg
15. Transfer to a large bowl
16. Cut the ricotta into cubes then add to the silver beet and onions
17. Stir gently to combine
18. Add 2/3rds of the béchamel. Stir to combine
19. Using ⅓ of the reserved béchamel spread onto the base of your baking dish
20. Line the dish with blanched lasagne sheets
21. Spoon a layer of the spinach mix over the pasta
22. Repeat with pasta and spinach mix until ¾ full
23. Finish top with the remaining béchamel
24. Sprinkle top with grated cheese then bake for about 30mins or until golden on top
25. Remove from the oven. Stand 10mins before trying to cut into portions.
26. Serve on heat mat wrapped in a towel with a spatula to serve